

United we can keep kids inspired and learning, no matter where they grow up.



Lincoln found support and confidence through a free program powered by United Way East Ontario.

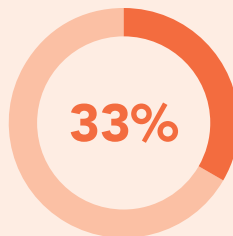
This program helps children with autism and developmental delays adjust to school by building social, motor, and self-help skills. Lincoln and his family received guidance and resources, creating a smoother transition and a brighter start to kindergarten.

"We offer this free of charge to families so their children can have the skills they need to take the next step." —Beth, family outreach and support worker

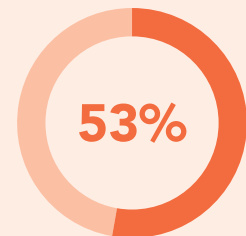
The local facts:*



2 in 5 students report struggling with their mental health.



33% of food bank clients were children and youth in 2025.



53% of rural students in grades 7–12 reported being bullied because of their weight or body shape.

With support from our donors, together we helped **16,679 youth and their families** achieve academic success in 2024-2025. Read our latest **annual report** to learn more about their path to a brighter future.



*Visit UnitedWayEO.ca/Local-Issues for fact sources and more information.

United we can create possibilities.



We invest in school readiness and early years programming to improve graduation rates and school performance for vulnerable children.



We provide families with counselling, education, and treatment. By leading *project step*, we help protect youth across our community from the harms of substance and technology use.



We support safe after-school spaces and summer achievement gap recovery to help kids in low-income and rural neighbourhoods stay on track with their peers.



We convene working groups, advocate for affordable housing, and invest in life and work skills programs to support youth at risk of, or experiencing, homelessness.



Your gift makes a difference.

**\$20 a month or
\$240 a year**

gives two young people access to one skill-based in-person opportunity each month.

**\$80 a month or
\$960 a year**

connects four children to accessible after-school programs where they build confidence and develop social skills.

**\$200 a month or
\$2,400 a year**

gives two youth ten unforgettable days at a summer camp.

Please give today to help local kids succeed.

Donate through your workplace or visit
UnitedWayEO.ca/



United Way
East Ontario